PSYCHOLOGICAL SAFETY:

The #1 FACTOR for group success...





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The Innomada Psychological Safety program is a virtual, independent, and time-effective way to help an individual or a group understand, quantify, and take action on Psychological Safety.

Psychological Safety is how comfortable someone feels when voicing their ideas, concerns, or feelings (taking interpersonal risks).

Google conducted a research study of over 180 active Google teams called <u>Project Aristotle</u>. They learned the most critical element for highperforming teams was Psychological Safety.

Exclusive to the Innomada Psychological Safety Program, we created the Interpersonal Safety and Risk Questionnaire (ISRQ) to help individuals and groups quantify nine key elements of Psychological Safety. Using the ISRQ framework, participants will learn how to assess the environments they are in, receive 50 tips on how to increase Psychological Safety, and then create a personalized Action Plan.

The program is an engaging and tangible way to help individuals and groups value, measure, and develop Psychological Safety.



Innomada Psychological Safety

with

Interpersonal Safety and Risk Questionnaire (ISRQ)

RESULTS

STAILS

The program includes two ISRQ assessments and over 50 tips on how to increase Psychological Safety. This will provide positive impacts for:

- Achieving end goals
- Navigating change
- · Being more collaborative
- · Sharing of ideas
- Voicing of concerns
- · People feeling included
- Increased accountability
- · Having a learning and growth mindset
- · Openness to taking risk and tolerance for ambiguity
- Online, Independent Learning (people can take the course at any time)
- · Materials:
 - 17 online video modules
 - Editable program workbook
 - Interpersonal Safety and Risk Questionnaire (ISRQ)
 - Assess your group
 - Assess your personal preferences
 - Over 50 tips on how to improve Psychological Safety
 - Personal Action Plan
- Free Q&A sessions with our experts
- 145 minutes
 - 85 minutes of video content
 - 60 minutes of workbook exercises
- •\$249 per person
- Teams and organizations can go through the program as a group
- · Course content can be put into an existing LMS

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